

The Institute of Health and Wellbeing is pleased to offer four internships for Postgraduate Research (PGR) students across three projects. All internships will begin in April and complete in July, and all will be paid at £10 per hour.

Expressions of interest for the internships must be emailed to Katie Jones, Manager, by **4pm on Monday 24<sup>th</sup> March**. This should comprise an email outlining your relevant experience, your capacity to deliver within the timescales below, confirmation of your Supervisor's agreement to you undertaking the project, with your academic CV attached.

### **Forget-Me-Nots Social Support Group Evaluation**

#### **Principal Investigator: Professor Judith Sixsmith**

The Forget-Me-Nots Social Support Group provides peer led support for people with dementia under the age of 65, and their carers and families. This Group was started with the assistance of the Institute and the Alzheimer's Society, but in order for the families to take greater ownership of the Group and seek funding for it, they would like it evaluated in terms of its impact.

We are seeking a PGR student with experience of qualitative methodologies, and ideally experience in a discipline related to dementia (e.g. mental health, gerontology, adult nursing). The internship will be for 70 hours (9.5 days) in total, starting in April and completing in July 2014.

### **Churches Together Wellbeing Project: Impact Evaluation**

#### **Principal Investigator: Alison Ward**

The Churches Together Wellbeing Project delivered a psychoeducation programme over 8 weeks in churches across Northamptonshire, with the aim of enabling participants and the volunteer facilitators to take better care of their wellbeing. The results demonstrated a statistically significant decrease in the participants' symptoms of stress and anxiety, and a statistically significant increase in their wellbeing. The Institute would like to explore the ongoing impact of the course to these individuals, particularly in relation to their relationships and support networks.

We are seeking a PGR student with experience of qualitative methodologies, and ideally experience in a discipline related to mental health and wellbeing (e.g. psychology, adult nursing). The internship will be for a total of 148 hours (20 days), starting in April and completing in July 2014.

### **The MANDELA Social Work Practice Supervision Model Evaluation**

#### **Principal Investigator: Prospera Tadam**

The MANDELA Model, developed by Prospera Tadam, is a practice supervision tool to recognise the importance of respecting diversity and establishing positive working relationships between black African social work students and their practice educators. There are currently c.80 students and their practice educators using the model on placement. The division of Social Work would like to evaluate the model, its use, impact and effectiveness as a supervisory tool, to inform its continued use.

We are seeking **two** PGR students for this project: one will evaluate the use of this tool in level 6 student placements; the other will evaluate the use in level 5 student placements. The students will work closely together. Both students should have experience of qualitative methodologies, and ideally experience in a discipline related to the project (e.g. pedagogy, practice education, social work). Both internships will for 70 hours (9.5 days) in total, starting in April and completing in July 2014.