



Institute of Health and Wellbeing

Prevention and management of patient
aggression in secure mental health services.

**Wednesday 14th May 2014
1-2pm**

**Sunley Conference Centre
the University of Northampton, Park Campus**

Incidences of aggression in psychiatric inpatient services are frequent, and sometimes severe. The effects of these unwanted behaviours are wide-ranging and can lead to physical and psychological injuries for patients and staff, and may have financial implications for the organisation. In efforts to minimise the risk and subsequent effects of aggressive incidences it is imperative to consider some of the routine containment methods, such as physical restraint and seclusion that are used on the ward, from patient and nursing staff perspectives. The 'social climate' in a hospital setting can be described as the interplay between staff and patient patterns of behaviour, their interactions and the physical environment. One aspect of this is the 'violence prevention climate', which includes the range of actions that patients, staff and the organisation undertake as part of attempts to prevent violence. Such actions include staff and patient training, planned patient activities, patient self-regulation, staff-patient communication, and de-escalation.

In this seminar **Rahul Jalil, PhD Candidate, St Andrew's & the University of Northampton, School of Health**, will explore the relationship between anger disposition and attitudes toward containment methods in managing inpatient aggression. **Nutmeg Hallett, PhD Candidate, St Andrew's & University of Northampton, School of Health**, will discuss the development of a scale to measure the violence prevention climate.

A sandwich lunch will be provided.
For further information and to book a place:
<http://mayls.eventbrite.co.uk>