

The Use of the Aqua-Treadmill in Equine Rehabilitation and Training

Jessica York



Equine Aqua-Treadmills have become increasingly popular in recent years as a mode of rehabilitation and exercise. This is apparently due to the ability to standardise and monitor many more variables than swimming, thereby potentially being able to deduce the exercise load. However, there has been very little research conducted on the aqua-treadmill especially when compared to humans or dogs and current practices are based mainly on anecdotal evidence. The current research aims to specifically investigate the movement of the horse on the aqua-treadmill at increasing water depths in order to identify constructive, specific and controlled therapeutic rehabilitation and exercise. This seminar will give an insight into the ongoing research in this area.

When: Wednesday 19th November 2014

Time: 9:00 - 10:00am

Where: M2, HE Block, Main Site (Gate 2), Moulton College

For further information please
contact Jessica York:
jessica.york@moulton.ac.uk



**Moulton
College**
NORTHAMPTONSHIRE

