



Institute of Health and Wellbeing

Achilles tendinopathy - A Biomechanical Approach to Management

Wednesday 11th March 2015

1-2pm

Sulgrave, Room S138

the University of Northampton, Park Campus

The Centre for Physical Activity and Chronic Disease (PACD) is pleased to welcome **Seth O'Neill**, Physiotherapy Lecturer and PhD Student at the University of Leicester as presenter for the March Lunchtime Seminar.

During this presentation **Seth** will cover new insights in risk factors for Achilles tendinopathy with a particular focus on physical activity and how this information can guide treatment based on current research.

Seth's research entitled 'A Biomechanical Approach to Achilles Tendinopathy Management' aims to identify prevalence rates of tendinopathy in the UK and develop a greater understanding of risk factors surrounding Achilles tendinopathy. The later stages of this research will develop a new treatment intervention for Achilles tendinopathy. Seth still works clinically and is interested in bridging the gap between research and clinical practice.

A sandwich lunch will be provided.
For further information and to book a place

<http://lsmar15.eventbrite.co.uk>